

Within White Light is everything that we can see, and much more that we can't.

White Light contains every color. What we typically see is only a fragment of the practically infinite sea of light that bathes our world and fills the universe, our minds, and our reality. Imagining that spectrum is like imagining real possibility; rather than focusing on one probable possibility, White Light is seeing many possibilities and knowing each has a future and is accessible from the same source.

How to Practice White Light:

Acknowledge the Unknown.

Create parallel possibilities.

Feel the Light.

Explanation:

Acknowledge the Unknown – There is so much beyond our current vision.

Create parallel possibilities – Any other possibility that is real coexists with the ones you already see.

Feel the Light - Try to absorb it. Try to understand it. Do you reflect that Light? Can you be that Light? Are you a Light in this world. Does darkness get in your way. Can you remove that darkness, those doubts, those restraints with your Light. Feel the Light, Be the Light!

White Light Mantra:

"See the Diversity and Potential of White Light."